

LITE LINES



Greetings and Happy Spring!

It's so great to finally feel the sun and the warmer temps. I hope that 2022 has been kind to you thus far. It's an exciting time to be part of ABWA-Nu-Lite Chapter. I'd like to send a big thank you to all those who came out to this year's comfort blanket party. Your time was much appreciated and please know that those families who will receive those blankets are most thankful.

I am thankful for each one of you and I am grateful and humbled that you have chosen me as the 2022-2023 Woman of the Year. I have been blessed to receive a few honors in my day, but none tops this. I am looking forward to our anniversary and Woman of the Year Ceremony on May 21st. Thank you to everyone involved with that planning committee. We can't wait to marvel at all your hard work!

It has been a pleasure and an honor getting to know all of you and to act as your vice president. Thank you so very much for giving the opportunity to serve all of you. There are still 7 more months left in 2022. Let's make the very best of that time. Cheers, in advance, to all the people you will inspire and the wonderful things that I know each one of you will accomplish. Wishing you all happiness, health, and long life.

With Gratitude,
 Shalonda T. Griffin
 ABWA-Nu-Lite Vice President, 2021-2022

Inside This Issue

Speaker Anne O'Neill 2
Membership Campaign 3- 4
Speaker Carolyn Parks 5
Speaker Mary Cessanese 6
Chapter Celebrations 7
Woman of the Year 8
Birthdays 9
ABWA's Code of Conduct 10





Anne O'Neill



TOWARDS TOMORROW
THE AMERICAN BUSINESS WOMEN'S ASSOCIATION

May 10, 2022

Chapter Meeting via Zoom 5:30 PM

Meeting ID: 94119120301

Passcode: 12085

“Developing Trust and Respect in Teams”

Meet our speaker Anne O'Neill, Anne is a successful and talented businesswoman. She has 20+ years of experience in such industries as: Retail, Supply Chain, Logistics, Software and Hardware Development, Information Technology, System Analysis, and Management. She is currently employed as a Director of Customer Success with ModivCare. Anne engages with clients at all levels of the organization and is a key member of the sales and implementation teams executing non-emergency medical transportation applications nationwide.

Anne joined the American Business Women's Association (ABWA) and Gwinnett Charter Chapter in October 2001. She has held many leadership positions within ABWA including: 2014 National Women's Leadership Conference Co-Chair, 2014-2016 Ambassador Steering Committee Rep, 2009-2010 District 1 Vice President, as well as officer positions in her chapter and with the Atlanta Area Council. She was recognized as a 2017 and 2018 Top Ten Candidate. Anne is a primary member of the Harris County Charter Chapter in Cataula, Georgia and a secondary member of the Heart of the Piedmont in Greensboro, North Carolina. She currently serves as the 2019-2021 ABWA National Secretary/Treasurer. Anne was recently recognized as the Harris County Charter Chapter 2022 Woman of the Year.



Spring! A time for new beginnings. Springtime is when dormant plants begin to grow again, new seedlings open and hibernating animals awake. Spring is the season when things revive and reinvigorate after the cold winter season. Spring is also the season for ABWA's Spring Membership Campaign, March 1 – May 31, 2022.



ABWA's 2022 Spring Membership Campaign, **MARCH 1 – MAY 31**

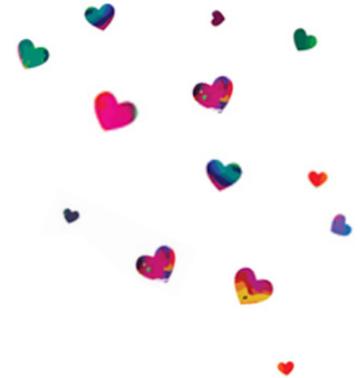


Together

TOWARDS TOMORROW

It isn't enough to simply say Thank You so... we want to show you our appreciation with this year's fabulous gifts (while supplies last) for sponsoring a new member during the Spring Membership Recruitment Campaign.

Take a look!



LEVEL ONE

WHEN YOU RECRUIT ONE NEW MEMBER

You will receive this charming Butterfly Bag Charm to add a dazzling touch to any handbag. This rose gold charm clip features a blue butterfly charm, and one circle charm engraved with ABWA's annual theme, *Together Towards Tomorrow*.



LEVEL TWO

WHEN YOU RECRUIT TWO NEW MEMBERS

Your new favorite accessory, the Black Braided Leather Heart Bracelet. This bracelet is stylish yet understated with a black leather braid that lays comfortably on the wrist, an intricately designed clasp, one charm that is engraved with ABWA's annual theme, *Together Towards Tomorrow* on one side and ABWA on the other.



LEVEL THREE

WHEN YOU RECRUIT THREE NEW MEMBERS

You will receive this Vera Bradley organizer for managing all of your ABWA activities. Contains one padded sleeve, one zip pocket, two slip pockets, two mesh pockets, three card slips, one ID window, four pen slips and a pen loop. Zip closure fits up to a 10" tablet.



April 12, 2022

Chapter Meeting via Zoom 5:30 PM

“Aspiring to Excellence – Becoming the Woman You Want to Be”



Meet Carolyn Parks, Owner and Lead Coach of RisingStarz, LLC. a leadership, motivational and management coaching firm. She retired from AT&T, Inc. after 42 years and started her second career as a managerial coach with a primary focus on college students planning to enter the corporate arena. Her goal is to address a critical need in the community to help future leaders develop strategic and

tactical skills to complement their technical knowledge for both personal and professional success.

Carolyn has been a member of the American Business Women’s Association (ABWA) for over 35 years and currently serves as a mentor for several chapters striving for Best Practices. She served as the Council Chairman from 2020-2021 and was selected as the Atlanta Area Council 2021 Woman of the Year. Carolyn is the proud mother of two talented sons and the “Honey” of one darling granddaughter and three adorable grandsons - (no “Grandma” for Carolyn). She enjoys traveling, sewing and reading and lives in Snellville, Georgia.





June 14, 2022

Chapter Meeting via Zoom 5:30 PM

Meeting ID: 94119120301

Passcode: 12085

“Unleashing the Power of Gratitude”



Mary Ceccanese, Principal Consultant

mary.ceccanese@gmail.com

<http://www.dynamicconnectionsllc.com>

734-649-669

Mary Ceccanese is the owner and principal consultant of Dynamic Connections LLC. Celebrating almost fifteen years of presenting interactive seminars and workshops to all levels of staff in both for-profit and non-profit organizations, she engages attendees with research-based practices applied to work-life scenarios.

She has a BA in Human Resource Administration and recently retired from working at the University of Michigan for more than thirty years. In 2019 she was presented with a University of Michigan Staff Impact Award. In addition, she was one of the 2019 “Top Ten Business Women” in the country of the American Business Women’s Association. Mary currently published her first book for staff titled, *YOU Can Create Positive Change at Work*, and in 2020 released her first product, High-Quality Connection Cards.

**ABWA Nu-lite Chapter
42nd Anniversary
&
Recognition Celebration**

**Saturday
May 21, 2022
3:00 PM**

Genesys Conference & Banquet Center

805 Health Park Blvd. Grand Blanc, MI

Cost: \$42.00 per person

To Register Send Monies Via **Zelle:** abwanulite@gmail.com

Cash AppTag: \$abwanulite

Mail: Abwa Nulite

P.O. Box 310475

Flint, Mi 48531

Nu-Lite Chapter 2022 – 2023 Woman of the Year



Shalonda Griffin is a graduate of Hamady High School and holds a bachelor's degree in Organizational Communication from the University of Michigan-Flint. During her time at Hamady, Shalonda learned she liked both public speaking and science. That realization led to her current career. She is the community relations coordinator for Gift of Life Michigan, the state's only federally designated organ and tissue recovery program. She oversees community outreach in Genesee and Saginaw Counties and is responsible for creating, planning, and implementing events to increase donor registrations. Her favorite part of her job is youth outreach. "Youth outreach allows me to talk to high school students about the importance of organ and tissue donation and debunk myths. This allows them to make the best decision for themselves based on accurate information."

She is the founder of the *Have a Heart* program which gives Genesee County residents a second option when it comes to joining the organ and tissue registry. Genesee District Library is the only library in the state that currently provides this service. She is also the founder of a support group at Hurley Medical Center for dialysis patients and their caregivers.

Shalonda is the Vice-President of the American Business Women's Association, Nu-Lite Chapter. During her tenure, she has improved both her communication and leadership skills. These vital skills have helped her excel in both her personal and professional life.

Shalonda is a huge proponent of community volunteerism, and she enjoys preparing and serving meals at the North End Soup Kitchen and Carriage Town Ministries. She also serves as a storyteller to pre-k and elementary-age children.

She is a licensed wedding officiant and in her spare time, Shalonda enjoys painting, music, cooking, traveling, and upholding her goal of doing one-foot race per month.



Alice Evans May 3rd

Linda Hamilton June 27th

Shalonda Griffin July 3rd

Beverly Woods July 19th

Rev. Dr. Tara Sutton July 30th

May birth flowers are the lily of the valley and hawthorn:
The lily of the valley with its small, dainty, bell-shape
white flowers represent sweetness and purity.



June birth flowers are the rose and honeysuckle:
The honeysuckle is a strong symbol for the
Everlasting bonds of love.



July birth flowers are larkspur and water lily:
The water lily symbolizes purity and majesty.



ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

ABWA National Headquarters
P O Box 4757
Overland Park, Kansas 66204-0757

1(800) 228-0007
www.abwa.org

ABWA Nu-Lite Chapter
P O Box 310475
Flint, Michigan 48531

Email: abwanulite@gmail.com

Website: www.abwa-nulite.org

Zelle: abwanulite@gmail.com

Cash App: \$abwanulite



Together

TOWARDS TOMORROW

THE AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA[®]
AMERICAN BUSINESS WOMEN'S ASSOCIATION